## MUSCULOSKELETAL ELBOW XR INTERPRETATION





**Radiocapitellar line:** a line drawn through the longitudinal axis of the radius should pass through the capitellum. If it does not then there is a dislocation of the radial head.

**Anterior Humeral Line:** a line traced along the anterior cortex of the humerus will have at least 1/3 of the capitellum anterior to it. Less than 1/3 there is likely supracondylar fracture with posterior displacement of the distal fragment.



## **Fat Pads**

- Elevated fat pads indicate an effusion.
- In the setting of trauma there may be an obvious fracture.
- If there is no obvious fracture but elevated fat pads are present suspect an occult radial head (adult) or supracondylar (child) fracture.
- The anterior fat pad is usually visible but not elevated.
- The posterior fat pad is usually not visible and is abnormal if seen.



## **CRITOL**

6 months -> 12 years

**C**apitellum

Radial Head

Internal epicondyle

**T**rochlea

**O**lecranon

Lateral epicondyle

## **CRITOL**

- 6 ossification centres appear between in 6 months and 12 years.
- The order in which these form is relatively consistent.
- The trochlear centre always forms after the internal epicondylar centre.
- If the trochlear centre is seen there must be a visible epicondylar centre check its position. If the internal epicondylar centre is not seen it may be grossly avulsed, displaced and trapped in the elbow joint masquerading as the trochlear centre.



